

**Positive Behavior Management (PBM)
12 Month Minor Rotation Option
Center for Behavioral Medicine**

The PBM program is designed for individuals who have difficulty controlling their behavior, which may result in negative outcomes for themselves and others. PBM teaches effective social skills and helps individuals learn to how to develop appropriate social relationships. As part of the PBM program, interns will facilitate PBM skills groups and provide individual therapy for one or two inpatients throughout the training year. An intern who chooses PBM as a minor rotation would devote one and one-half days per week to facilitating skills groups, providing individual therapy, and consulting with treatment teams. Minimum rotation requirements are listed below:

Psychotherapy	Description
Individual Psychotherapy	Interns will provide PBM-based therapy for at least one patient throughout the year and provide individual outreach to a variety of PBM patients weekly.
Group Psychotherapy	Interns will conduct one weekly off-unit PBM skills group and at least one on-unit PBM group.
Psychological Assessment	Description
Assessment/Evaluation	Interns will complete Functional Behavioral Analyses, Behavior Plans, and Incentive Plans as directed.
Professional Development	Description
Treatment Team Consultant	Interns will meet with patient's treatment team as needed to provide information regarding patient's needs and progress. Interns may be asked to provide consultative services to CBM group homes as needed.
PBM Consultation Team Member	Interns will attend consultation team meetings with other PBM providers and supervisors as directed. Interns will work closely with PBM Team Leader to assess and improve programming.