

Inpatient Competency Restoration, Adult Rotation, Unit 3D
Four Month Rotation
Center for Behavioral Medicine

Unit 3D is a 25-bed inpatient, competency restoration unit. Patients on this unit are admitted under Chapter 552 of the Revised Statute of Missouri (RSMo.) as Incompetent to Proceed and participate in the Competency Restoration Program. Patients are offered a combination of psychopharmacological treatment and competency education. The treatment focus is Illness Management and Recovery (IMR). By the end of the rotation interns will be able to identify and implement treatment strategies based on case conceptualization and psychological assessment. Additionally, the intern will have gained knowledge regarding psycholegal aspects related to incompetent to proceed patients. Minimum rotation requirements are outlined as follows:

Psychotherapy	Description
Individual Psychotherapy	Interns will carry a minimum of three psychotherapy cases. Interns are encouraged to identify areas of sameness and differentness between themselves and their patients. They are encouraged to identify how they may adjust their interactions and interventions as to increase their effectiveness.
Group Psychotherapy	Interns will participate in at least two on-unit psychotherapy and/or competency education groups. On-unit groups are based on patient needs.
Psychological Assessment	Description
Assessment/Evaluation	Interns will complete psychological evaluations with a minimum of one integrated psychological testing report.* First drafts of reports are due to the supervising psychologist within ten business days of the last date of testing. Other evaluations may include initial and annual assessments, baseline of cognitive functioning assessments, and competency assessments to guide treatment plans.
Professional Development	Description
Treatment Team Member	Interns will attend treatment team meetings as assigned and will provide feedback to the team regarding their individual patients. Interns are also expected to attend program review meetings as needed/directed by the unit psychologist.

*rotation dependent, see Experience Progression chart for more information