

**Inpatient Extended Stay, Adult Rotation, Unit 3C
Four Month Rotation
Center for Behavioral Medicine**

Unit 3C is a 25-bed extended stay-acute adult inpatient unit. Presenting problems may include severe emotional and behavioral dysregulation, psychoses, suicidal and/or parasuicidal behavior, affective disorders, severe personality disorders, and co-morbid cognitive impairment or substance abuse diagnoses. The average length of stay ranges from six months to two years. By the end of the rotation interns will provide services commensurate with that of the supervising psychologist and will be versed in implementing treatment strategies based on case conceptualization and psychological assessment. Minimum rotation requirements are outlined as follows:

Psychotherapy	Description
Individual Psychotherapy	Interns will carry a minimum of three psychotherapy cases. Interns are encouraged to identify areas of sameness and differentness between themselves and their patients. They are encouraged to identify how they may adjust their interactions and interventions as to increase their effectiveness.
Group Psychotherapy	Interns will participate in at least two unit psychotherapy groups. Present groups include Distress Tolerance, Mindfulness, Emotional Regulation, and Social Skills. Interns will establish their own therapy group for patients during this rotation.
Psychological Assessment	Description
Assessment/Evaluation	Interns will complete psychological evaluations with a minimum of one integrated psychological testing report.* First drafts of reports are due to the supervising psychologist within ten business days of the last date of testing. Other evaluations may include initial and annual assessments &/or baseline of cognitive functioning assessments.
Professional Development	Description
Treatment Team Member	Interns will attend at least one team meeting per week. Interns will be present in team meetings scheduled to review their assigned patient's progress; consult on treatment plans and behavior management plans; and assist other disciplines in developing therapeutic goals related to groups and activities when needed.

*rotation dependent, see Experience Progression chart for more information